

Contents

Introduction	ix
<i>July 11, 1996</i>	
1 • Andastinn, Prototype of Insect Beings.....	1
<i>July 11, 1996</i>	
Many Earth Species Leaving.....	1
The Ant Beings	2
Komodo Dragons and Crocodiles	3
How We Live and Travel.....	4
Our History and Yours	5
Earth's Arcturan Soul.....	6
Our Enjoyment and Our Service	6
Our Appearance	7
Leisure Activity: Accessing New Knowledge	8
What Brings Teachers and Assistants to Earth	9
2 • Kazant, a Timekeeper	11
<i>July 18, 1996</i>	
The Crystal in Our Planet; the Boundaries of Time.....	11
An Exercise to Draw Fourth Dimension to You	12
Green Blood and Reptilian Cousins	13
My Past and Future	15
Our Cartoon Appearance and Our Planet.....	16
Regulating Time.....	17
Dying Takes You Two Million Years into the Future	18
About Ourselves and Our Crystal	18
Uncle Zoosh.....	20
Our Future.....	20
Making Tones	21
Our Clones and Visitors to Our Planet	22
Time Upheaval and Time Travel.....	22
Utilize Love Instinct, Creation Tools; Don't Be a Follower	23
3 • Founders of Sirius, Creators of Humanoid Forms	25
<i>July 25, 1996</i>	
Our Understanding of the Explorer Race.....	26
Surprising Functions of Some Body Parts	27
Our Origin	29
The Initial Request for Our Assistance.....	29
The Living Diamond Portal.....	30
The History of Humanoid Bodies.....	30
The Founders and the Reshaping of the Universe	33
The Use of Negativity	34
My Background.....	35
The Zeta Reticuli	36
The Third Sex	37
Interference in Your Humanoid Form	38
Other Work We Do	39
The Prototype Cat Being	40
Meddlers and Contributors in Human Genetics	40

4 • A Teacher of Buddha and Time Master's Assistant	43
August 1, 1996	
Buddha's Vision for the Many	44
Living inside the Planet in 2500.....	45
Buddha in the Present	46
Creating This Loop of Time	49
Time Wheels.....	51
The Council's Mistake: Deciding to Control.....	53
The Fifteenth Hour.....	55
The President's Return; the End of Separation	56
Probable Realities	58
After Rediscovering Who You Are, You Resequence.....	58
5 • Designers of Human Physiology	63
August 8, 1996	
Glandular Dysfunction (Old Age) and Genetic Dispersion (Change)	64
Our Location and Numbers.....	65
Cellular Degeneration and Structural Instability	66
Our Previous Work	66
What We Can Do for a Soul.....	68
Degeneration: Acquiring Wisdom	69
Current Work on Human Genetics.....	70
6 • Avatar of Sea Creatures; and Quatsika, Messenger for the Dimension Makers	73
August 15, 1996	
Creatures Leaving the Earth.....	74
My Experiences	75
Exponential Expansion between Earth Dimensions	78
Reaching through a Doorway to Manifest.....	80
Dimensions in Other Creations.....	80
Overlord Creation: No-Gravity	82
Personal Information about Quatsika	83
Tearing the Veil with Its Null Charge	84
Absorbing the Null Charge When Tearing Through	86
Explanation of Dimensions	87
7 • The Empath Creator of Seventeen Planets	89
August 22, 1996	
A Desert Planet for the Empath Race	89
The Renewal Role of a Desert.....	90
Empathy: An Explorer Race Qualification	92
Levels of Mastery	93
Empath Source in Eleventh Dimension for Quantum Mastery	93
The Restorative Creation with Dense Space.....	94
Explosion of the Negative Sirian Planet	95
The Beings on the Seventeen Planets	96
Why Seventeen?.....	97
Personal Information.....	98
8 • Shapemaker of Portals	101
August 27, 1996	
The Circular, Leakproof Portal	102
A Current Backup in Stuck Spirits	103
The Diamond-Shaped Portal for Stuck Beings.....	104
The Spiral Portal for Fractionating.....	105
Heart Council's Plan for a Universal Ripple.....	106

Creator Chose to Forget Home	107
Portals for Individuals	108
Sedona, a Birthing Point of Catapult Effect	109
About Me and My Work.....	110
Wormholes and Personal Portals	112
Experiment with Shapes to Discover Your Own.....	113
9 • Creator of the Inverse Universe, Our Creator's Creator	115
<i>August 29, 1996</i>	
Your Creator's Beginnings in My Inverse Universe.....	115
Inventing an Exit from the Inverse Reality	117
Birthing the Explorer Race.....	117
What Your Creator Left Behind	118
The Loop of Time to Explore Overemphasis on Thought.....	119
The Solution: Feminine Technology.....	120
My Birth from the Void	121
The Eight Companions of Your Creator	124
Lineages	125
My Creation.....	127
10 • Creator of the Void, Preamble to Individuality	131
<i>September 3, 1996</i>	
My Creator, a Tornado of Life-Creation	131
The Void: Connection and Definition.....	132
Lineages: Similarities Plus Something New.....	133
How the Void Functions	134
The Makeup and Extent of the Void.....	136
My Interactions with Others	137
Needs As Magnets.....	138
Practical Uses of the Void.....	139
The Void As a Connection to Unlimited Energy	140
11 • The Tornado-Shaped Creator of Creators	143
<i>September 5, 1996</i>	
Relationship to the Center of Creation	144
Beings Refined to Their Essence, Then Spun with Companions.....	145
The Creation of Particles.....	146
My Tube and a Second Tube.....	147
Your Creator and Friends.....	148
Visualizing/Feeling the Infinite	149
The Spinning Process	150
My History	152
Your Creator	153
Other Creators	154
Moving through the Veils and Leaving Your Patterns in Them	156
Replacing Creator	156
Shutting Down a Creation; the Number of Creators	157
12 • The Center of Creation	159
<i>September 12, 1996</i>	
Creating the First Past to Provide Momentum	160
Other Creators; Supplying Substance and Space and Recycling Inspiration	161
An Echo to Deliver a Tone	162
My Appearance; Souls Returning for Something New.....	162
Why Creators Might Choose Individual Lives.....	163
About Your Creator	164

	About the Center of Creation.....	166
13	• The Heart Council	171
	September 17, 1996	
	The Stepped-Up Transfer of Heart Energy, Feeling the Feelings of Others	172
	About the Heart Council	173
	The Means of Inspiration	174
	The Man Who Prayed for Understanding.....	176
	Asking for Your Heart Energy	177
	Our Presence on Your Planet	178
	Ribbons of Light for Suicides	179
14	• Creators of Gold Light and White Light.....	183
	September 19, 1996	
	Reincorporating One's Discarnate Parts to Move to 4D.....	184
	Solution: Creating an Alternating Life Current.....	184
	The Filtering That Produces the Two Kinds of Light.....	186
	The Matrix	187
	The Mopping-Up Procedure in Sirius	189
	The Spot That Regulates Discomfort.....	190
	How the Negative Sirians Doomed Themselves.....	191
	A Cosmic History and Chronology	192
	The Center of Creation: A Gate.....	194
15	• Creator Talks About Itself and the Explorer Race	199
	September 24, 1996	
	Zoosh's Initial Role	200
	Your Unconscious As News Broadcaster to Other Creators	200
	Bringing in the Spirit of Adventure and the Energy of Discomfort	202
	Early Experimental Use of the Energy of Discomfort	203
	Discomfort: The Fast Track to Creatorship	204
	Creator's Beginnings	205
	Explorer Race Beginnings.....	207
	The Decision of the Nine for Seduction.....	208
	Strands in the Loop of Time.....	209
	Thoughts Chosen over Feelings.....	210
	Wanting to Go Home, to Be Whole	211
	The Unexpected, Proof There Is Someone Beyond.....	212
16	• Creator Talks About Its Friends.....	215
	September 26, 1996	
	1. Synchronizer of Physical Reality and Dimensions (Sephrام).....	216
	Advisor to the Angelic World Project	216
	2. The Master of Maybe (Miriam)	217
	Miriam in Atlantis.....	218
	Creating the Net of Light between All Physical Beings	219
	3. Master of Frequencies and Octaves (Ah-Nam-u-Ahn)	220
	Creating the Atonal Moment First to Make a Communications Web	220
	A Being Who Was a River	221
	4. The Spirit of Youthful Enthusiasm (Pan/Tri-Ahsک), Master of Variety	222
	The Creation of Variety	223
	5. Master of Imagination: The Universal Mother	225
	The Light Crystal of Spires	225
	6. Zoosh, the Storyteller, the End-Time Historian.....	226
	7. Master of Feeling: The Goddess.....	227
	8. Master of Plasmic Energy: The Rainbow.....	228

17	• Creator Speaks of the Stuff of Creation.....	233
	October 1, 1996	
	You Are a Plural Being, a Whole System.....	234
	Looking at My Potential Creation from Its Midpoint	235
	Matter Responds to Loving Invitation.....	236
	Matter Has Love and Personality.....	237
	Participants from Outside.....	238
	The Explorer Race's Position in the Time Sequence.....	239
	Elongating the Sphere of Creation	240
	From Past and Future Came the Present, Where One Learns.....	241
	Responsibility	242
	Prolonging the Pleasure of Becoming Your Unconscious.....	242
	Individual Emergence.....	244
	Origins of Seven Teachers.....	244
	The Teacher for the Eighth Chakra	245
18	• Creator Discusses Successes and the Outworking of Negativity.....	247
	October 3, 1996	
	Your Ability to Forgive.....	247
	See Things As They Are and Celebrate Your Differences	248
	Bringing in Discomfort.....	249
	The Negative Sirians.....	250
	Thoughts from Hindsight.....	251
	Free Will.....	252
	The Redemption of Negativity	253
	The Redemption of Ignorance	254
	Lucifer, the Loose Cannon	255
19	• Synchronizer of Physical Reality and Dimensions	259
	October 8, 1996	
	Earlier Creation Experiences.....	260
	My Origin	261
	My Contribution to the First Two Creators I Consulted For.....	263
	Joining Your Creator	264
	Starting at the Midpoint and Laying Out Dimensions.....	264
	Physical Beings	265
	The Explorer Race Begins.....	266
	Shapes That Can Travel the Dimensions	267
	The Zeus Connection in Atlantis	269
	The Gods of Olympus	271
	The Next Step	272
20	• Master of Maybe.....	277
	October 10, 1996	
	A Trip to the Circle of Light outside the Orb	277
	The Development of Hope and Bridging to the Possible	278
	Your Evolution in Orion and Maldek	279
	Encouraging Your Creator.....	281
	My Origin: The Emotion of Potential	281
	The Universe Where Individual Souls and Free Will Began.....	283
	This Creation.....	285
	The Future 61% Negativity	286
	Expanding the Creation to Separate Individuals into Groups.....	287
	My Contributions	288
	Working through Levels of Consciousness to Resolve Problems and Inspire Faith.....	289

The Explorer Race: Creators and Friends—Contents

Working for the Rest of Creation.....	290
Working with the Explorer Race.....	290
The Future.....	291
My Growth	292
21 • Master of Frequencies and Octaves	295
<i>October 15, 1996</i>	
Harmonic Overlays That Protect Angels and Lightbeings	296
Erratic Sound Substance Protecting Your Dimensional Shift	297
Your Tolerance and Intolerance for Certain Frequencies.....	298
Progressing Slowly to Discern Dimensional Impacts.....	299
You As Educators	300
Joining Your Creator, Recommending 2nd, 3rd and 4th Dimensions As a School.....	301
Universal Ramifications: Applied Spiritual Integrity.....	302
The Miniature Galaxy That Physically Changed Earth.....	303
Loss of the First Dimension's Historical Records and Slow Repair of the Four Dimensions	304
Asking Permission of the Space.....	305
My Education in Sound as the Structural Integrity of All	306
The Split Creator of a Spiral Creation	307
Joining Your Creator	308
22 • Spirit of Youthful Exuberance	311
<i>October 19, 1996</i>	
Joining Your Creator to Create Human Preadolescence and Advanced Senility	312
The Prototype Planet: Invitation to Fun-Lovers and Adventurers	312
Studying Enthusiasm in Particles.....	313
My Beginning as Liquid Color beyond the Orb	314
Traveling with Your Creator, Taking a Different Route	315
My Veil, Which Creates Enthusiasm for Physicality	317
Pan	317
Things I Like to Do	318
Questions and Answers	319
23 • Master of Imagination.....	325
<i>October 22, 1996</i>	
The Silver Thread of Imagination.....	325
The Tube of Vertical Thoughts and Colors.....	326
The Thin Triangle of Electrical White Light, through Which Buddha Breathes Light ..	326
The Vibration That Precedes Sound.....	327
Your Coming Ability to Instantly Grasp the Future	328
Spreading the Veil around the Explorer Race's Physical Lives	329
My First Awareness in a Creation beyond the Orb.....	330
My Physical Birth and Death in a Universe Made for Testing	331
Imagination Becoming Another Sense.....	332
Moving through Creations inside andbeyond the Orb Gathering Thoughts.....	332
All Solutions Readily Available.....	333
Meeting Your Creator	334
A Description of Orbs and Creations	334
The Uncreated President/Avatar.....	336
My Relationship with My Creations.....	337
About Imagination.....	337

24	• Zoosh, the End-Time Historian.....	341
	October 24, 1996	
	Remembering My Beginnings.....	341
	My Search for the Origin of the Love Feeling.....	343
	The Point of Perfection: The Sense of Home	344
	Looking for Friends.....	345
	Creating a Small Universe of Beings.....	346
	The Thread That Fleeted By.....	347
	My Travel through the Orbs.....	348
	Moving Toward and Meeting Your Creator	349
	My Home: Love, Which Is Not Somewhere but Is the Foundation of All Being	350
	My Gain and My Contribution.....	351
	The Agenda for Acquisitiveness	351
	Later Jobs Here	352
	Ensouling a Planet	353
	Isis, My Intended Replacement, Chose Venus Instead	353
	Currently Giving You Hands-on Instruction	354
	Aristotle	355
	The Accessibility of Creatorship	356
25	• Master of Feeling	359
	October 29, 1996	
	Your Suppression of Feelings	359
	The Broad Range of Your Feeling Self.....	360
	Homework	361
	The Feminine and Masculine of Feeling	362
	Setting Up the Web for the Potentials of Discomfort and the Wisdom from Feeling	363
	Creator's Parallel Existence	364
	My Role As Interpreter of This Experiment.....	364
	My Beginnings	366
	My Role As Mediator, Using Creator's Future Self	367
	Creating an Echo of the Future in the Parallel Universe	368
	How I Help You Master Feeling	369
	The Armageddon Dream	370
	The Wisdom of Discomfort.....	373
	Final Advice	374
26	• Master of Plasmic Energy.....	377
	November 1, 1996	
	Practical Applications for Plasma (Magnetic Light).....	378
	Creating Light around the Orb.....	378
	Its Role in Sudden Death and Conditional Love	379
	Your Safety Mechanism: Keeping Everything Temporary	380
	Plasma Is Stretched Here from the Fifth to Seventh Dimensions	381
	Speed Is My Source.....	382
	Using Time Travel to Learn Lasting Solutions.....	383
	Plasma, the Glue That Binds the Enthusiastic Particles.....	383
	Building the Physical Body	384
	My First Awareness	385
	Realizing What I Could Do and Doing It.....	386
	The Beginning of Multidimensional Awareness.....	386
	Showing Creator How to Go to His Future	387
	My Appearance and Functions.....	388
	The Light around the Orb	391
	The Orbs	392

The Explorer Race: Creators and Friends—Contents

27	• Master of Discomfort Speaks of Himself and the Explorer Race.....	395
	November 5, 1996	
	My Point of Origin	396
	My Creation Here That Transfers Light	396
	My Process of Alienation.....	397
	Meeting Your Creator.....	398
	The Parallel, Interfacing Inverse Universe Created for My Retreat	400
	Your New Responsibility to Deal with All Discomfort	400
	My Orb of Origin, in the System of Inverse Orbs with Minus-Particle Charges.....	401
	Being Self-Involved in an Orb of Total Service	402
	The Expansion of Discomfort.....	403
	My Possible Future	404
	The Actual Birth of the Explorer Race	406
	Your Travels after Birth	408
	Your First Incarnations.....	409
	Entering the Third Dimension and Increasing Negative Energy.....	410
	Before Orion, When the Feedback Got Strong	411
	Planet Earth's Mastery	411
28	• Master of Discomfort Discusses Light Transference	415
	November 7, 1996	
	Homework: Use Feeling and Imagination to Improve Your Life.....	416
	How Light Is Generated and Fulfilled.....	417
	My Help in Speeding Light to Its Destination.....	418
	Patience as Space, a Universal Background Material	419
	Transforming My Discomfort into a Precursor of Emotion.....	420
	How the Pools of Emotions Work	421
	How Emotions Flow through You	422
	Natural and Unnatural Human Birth	424
	My Work with Light	424
	Transforming Discomfort	425
	Appendix: The Lucifer Gene	427
	Zoosh—October 6, 1995	
	The First Experimental Group	427
	Blank Strands in the Genetic Code	428
	The Second Step: The Control Group and the Experimental Group	429
	The Lucifer Gene	430
	The Next Step: Dreams and the New Alchemy.....	431
	What You Can Do	432
	Group Alchemy: Love (Heat) and Gold Light	433
	Transformation	434